

## Captains' Guidelines

Team captains play a vital role in the administration and smooth operation of the league and in the overall enjoyment of the sport by the players on their teams. The following guidelines have been developed to inform captains of their responsibilities in these areas.

### Captains

- Are responsible for reporting game scores and answering the spirit questionnaire in Zuluru in a timely manner as defined by the league. Failure to do so may result in a penalty from the league.
- Are responsible for attending, or sending a representative to, the captains' meeting held prior to the start of the season
- Are strongly encouraged to attend the Annual General Meeting and any special meetings called by the Board of Directors. These meetings may involve voting on specific league issues. In the capacity of Team Representative, it is the captains' responsibility to stay informed of these issues to the best of their ability and, where possible, to solicit their teammates' opinions. If a captain is unable or unwilling to cast a vote, serious consideration should be given to assigning the team's proxy to an appropriate alternate.
- Are the team liaison with WODS and the league coordinator and must pass information between the league and their players
- Are responsible for maintaining an adequate roster throughout the season
- Are responsible for having sufficient players at the field and ready to play at the official start time for each game
- Are responsible for being familiar with the most up to date "USAU The Official Rules of Ultimate" and any league-specific rules
- Are responsible for field setup PRIOR to game start time if the fields are not set up
- Are responsible for demonstrating, encouraging and promoting Spirit Of The Game to their team
- Are responsible for appointing a co-captain to administer these responsibilities in their absence
- Are responsible for ensuring that their players meet the eligibility requirements (i.e. have signed waivers, are WODS members, etc.)
- Must be proactive in stopping play if the fields are too wet, have standing water or are being torn up due to play, or in case of lightning ([refer to lightning policy](#)). If a field is found in poor or unplayable condition before a game, or the field is damaged during a game, the captain is expected to inform the League Coordinator.
- Must complete a WODS liability waiver form prior to participating in WODS activities
- Must complete a [WODS Concussion Code of Conduct Form](#) prior to participating in WODS activities
- Are responsible for adhering to and endorsing all WODS policies, in particular the WODS Code of Conduct & Ethics, the WODS Abuse Policy, and the WODS Concussion Policy. Links to WODS policies can be found here: <https://www.wods.ca/policies>
- Further to the above policy stipulations, captains are responsible for minimizing, containing, avoiding (where possible), and immediately addressing any incidents of abuse or harassment, including taunting or dangerous play, on their team. Captains are encouraged to report such instances to WODS whether it is another team member or their own.