



1185 Eglinton Ave. E. • Toronto, ON • Canada M3C 3C6 • T. 416-822-6368 • F. 416-821-6436

## **2009/2010 season of the Waterloo Organization of Disc Sports.**

### **RELEASE, WAIVER AND INDEMNITY**

**NOTE: This release form is a contract with legal consequences. Please read it carefully before accepting.**

I want to participate in the 2009/2010 season (January 1, 2009 – April 30th, 2010) of the Waterloo Organization of Disc Sports activities. I understand and acknowledge that the sport of Ultimate may involve physical risk. I accept the responsibility for inspecting each field on which I play Ultimate in connection with Waterloo Organization of Disc Sports and satisfying myself as to its safety.

In consideration of Waterloo Organization of Disc Sports and the Ontario Disc Sports Association (“ODSA”) accepting me as a participant during the 2009/2010 season, I, for myself, my heirs, executors, administrators, successors and assigns, hereby release, waive and forever discharge the Waterloo Organization of Disc Sports and ODSA, its sanctioning body and sponsors and all their respective agents, servants, contractors, representatives, directors, elected and appointed officials, successors and assigns, of and from all claims, demands, damages, costs, expenses, actions and causes of action, whether in law or in equity, in respect of death, injury, loss or damage to my person or property howsoever caused, arising to or to arise by reason of my participation in the 2009/2010 season of the Waterloo Organization of Disc Sports, whether as a spectator, participant, competitor or otherwise, whether prior to, during, or subsequent to the 2009/2010 season and notwithstanding that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I further hereby undertake to hold and save harmless and agree to indemnify all of the aforesaid from and against any and all liability incurred by any or all of them arising as a result of, or in any way connected with, my participation in the 2009/2010 season of the Waterloo Organization of Disc Sports.

By accepting this waiver, I acknowledge having read, understood and agreed to the above release, waiver and indemnity. I warrant that I am physically fit to participate in the 2009/2010 season of the Waterloo Organization of Disc Sports.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_